Hare and Tortoise

By Tutti Frutti Productions of England

School Show Study Guide from the Artist

Luther Burbank Center for the Arts
March 2, 2026

HARE AND TORTOISE

The hare and tortoise are preparing for the great race and will be coming to your school or venue soon. In preparation for our arrival why not…

• Look at the trailer about the two characters. Can you describe their characteristics? What makes them opposites? What can you remember for the clip?

• Make a list of the opposites you can think of e.g. fast – slow.

• Make a flag to wave at the race on the big day and bring it with you to the performance.

• Read the other Aesop fables and talk about the moral of each tale. What do they mean? Can you think of examples of where they might apply in day to day situations?

• Can you create your own story and give it a moral?

Now you have seen the race and heard our story...

• List the characteristics that describe the hare and the tortoise. Can you think of more animal characters? Invent your own characteristics for each animal character.

• To win a race, you need to be fit and healthy. Plan a series of exercise classes for you and your class or family to do to help you get fit. Think about stretching, warming up and some aerobic exercise too. Try them out together. Design an eating plan for the day/week which includes lots of healthy food and drinks.

• Timings: you will need a stopwatch, pen and paper.
Working in twos, write down how long it takes to do different activities i.e. to walk/ hop or run from one end of the playground to another or to fill a bucket with sand and to pour the sand away. You may want to make a chart to show your answers.

• Seasons: What season do we see in the play? Can you describe what happens in each season? Which is your favourite and why? Make a list of words that describe your favourite season and create a simple poem. Draw a picture depicting your favourite season.

Learning points hare and tortoise.

Direct themes:

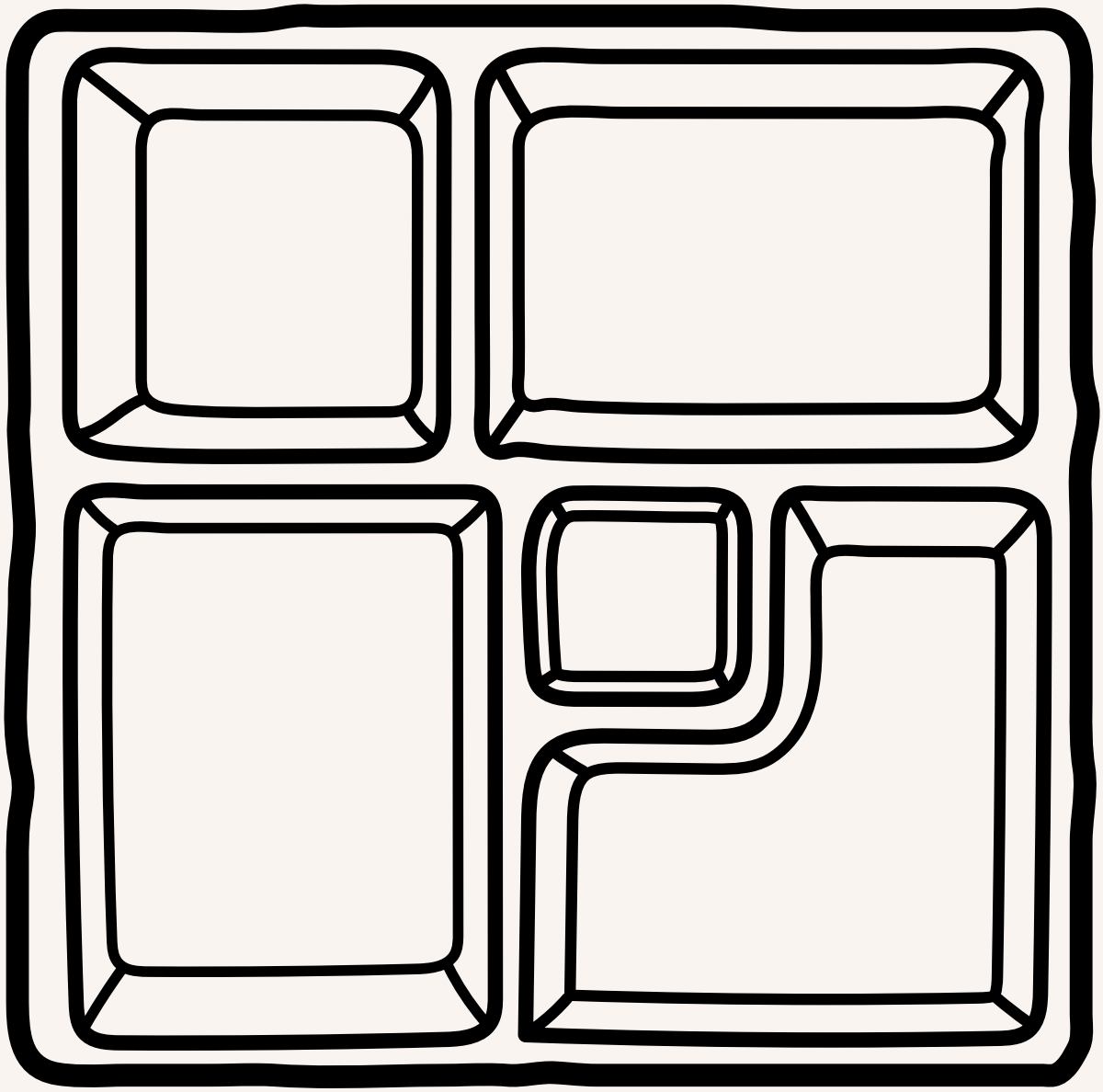
How we cope in a world full of contradictions
Being different
How can you cope in a competitive world?
Identifying your own strengths
Time
The 4 seasons
An exploration of friendship
Working together as well as alone
Opposites
Tortoises – hibernation
Hares
Live music
Slow and steady v Fast and frantic
Aesop's fables
Morals
Sport- physicality, fitness, racing
How to depict animal characters- characteristics of the hare and the tortoise
Winning and loosing
Playing, eating, sleeping, (all the things the hare does during the race)

Associated themes:
Olympics
Other Aesop's fables and moral tales
Story telling
Theatre – set and costume design, live music, and movement.
Maps and routes
Kite flying and making kites

Hare and Tortoise – Picnic party

My picnic lunch box

Fill the lunch box with healthy foods that you could take to eat at a picnic party with the Hare and Tortoise. Draw, colour and collage, you can draw around shapes too. Get an adult to help you to cut out. Think about colour, texture, shape and the size of food.



Hare and Tortoise - Picnic party

What will Hare & Tortoise eat?

Fill the lunch boxes with food that Hare and Tortoise would like to eat.

Don't forget they don't eat meat but they love vegetables.

Think about the show and what the Hare and Tortoise grew from seeds.

Hare likes to eat

.....

.....

.....

.....

.....

Tortoise likes to eat

.....

.....

.....

.....

.....